

**2018**  
**Ministry Renewal**  
**Retreat**

**Cost:**

Registrations received by February 28

\$250 per person

Regular Rate after February 28

\$275 per person

This includes two nights accommodation at the Banff Lodge Inn, two breakfasts, two lunches and Saturday night dinner.

The retreat is made possible through a generous grant provided by Classis Alberta North. Preference will be given to pastors in CAN and their spouses.

**Registration**

Please make cheques payable to:  
Classis Alberta North or pay by Interac  
etransfer: [avmediation@gmail.com](mailto:avmediation@gmail.com)

**Mail to:**

Anita Veldhuisen Slomp  
10923-149 Street  
Edmonton AB T5P 1M7

If you stay an extra night on Sunday,  
please make your own reservation.



*Retreat Hosted by:*  
Healthy Church Task Force  
of Classis Alberta North

Gary Bomhof  
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**Location**  
Banff Park Lodge  
222 Lynx Street  
Banff, AB  
T1L 1K5

Phone: 403-760-3271

**2018**  
**Ministry Renewal**  
**Retreat**

**I'm Right**  
**You're Wrong!**

WHEN

*Either/Or Thinking*  
*Challenges Our*  
*Relationships*  
*and Congregations*



**April 20-22, 2018**

## *I'm Right, You're Wrong: When Either-or Thinking Challenges Our Relationships and Congregations*

The goals for our 2018 pastor-spouse retreat include:

- ✦ Learning about Polarity (right-wrong, either-or, win-lose, black-white) thinking and how it can be identified and managed in congregations;
- ✦ Learning about common polarity pairs that congregations and families may encounter;
- ✦ Learning how to map the upsides and downsides of polarities and to recognize their interdependence and value;
- ✦ Learning about the cost of unresolved conflict in homes and congregations;
- ✦ Understanding the Drama Triangle and the roles we typically play in conflict;
- ✦ Understanding how to identify the values, needs and interests that cause us to take black-white positions that can create rifts at home and in congregations;
- ✦ Experiencing two ways of dealing with conflict created by either-or thinking
- ✦ Fun, relaxation, and enjoying each other's company.

### *Retreat Schedule*

#### *Friday, April 20*

6:45 pm

Arrival and Registration

*Dinner is "on your own"*

7:00 pm

Welcome

*Retreat Host: Gary*

7:10 pm – 8:30 pm

Polarity Thinking Introduction

*Facilitators: Cecil & Pete*

8:30 pm

Closing

*Informal fellowship*

#### *Saturday, April 21:*

9:00-10:15 am

Polarity and Conflict

*Facilitators: Joanne & Anita*

10:15 – 10:30 am

Break

10:30 am – noon

Managing Polarities

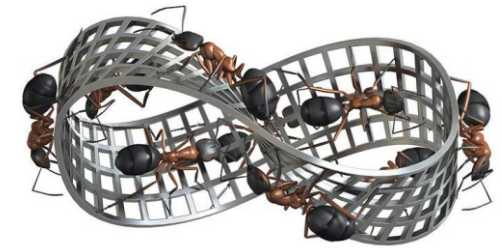
*Facilitators: Cecil & Pete*

Noon – 1 pm

Lunch



*Möbius strip logic:  
there must be tension & movement*



1:15 – 2:30 pm

Restorative Pilgrimage

*Facilitator: Pete*

2:30 – 5:15 pm

Free Time

5:30 – 6:45 pm

Dinner at the Banff Lodge

Restaurant

7:00 – 9:00 pm

Mapping Polarities Exercise

Circle Group Reflection

*Facilitators: Cecil & Pete;*

*Joanne & Anita*

9:00 - 9:30 pm

Debrief and closing

#### *Sunday, April 22*

Breakfast at your leisure

10:00 - 11:30am

Worship Service

Closing Circle

Noon

Lunch

#### **Retreat Facilitators:**

Joanne Munro

Pete VanderBeek

Cecil VanNiejenhuis

Anita Veldhuisen Slomp